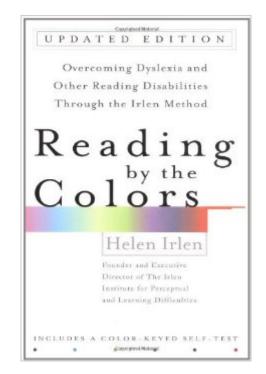
## The book was found

# **Reading By The Colors (Revised)**





### Synopsis

This new edition of Reading by the Colors includes significant breakthroughs and new applications for use with the Irlen Method to aid in the treatment of reading disabilities.Â

### **Book Information**

Paperback: 224 pages Publisher: TarcherPerigee; Updated edition (July 5, 2005) Language: English ISBN-10: 0399531564 ISBN-13: 978-0399531569 Product Dimensions: 6 x 0.5 x 9 inches Shipping Weight: 4.8 ounces (View shipping rates and policies) Average Customer Review: 4.4 out of 5 stars Â See all reviews (55 customer reviews) Best Sellers Rank: #74,427 in Books (See Top 100 in Books) #35 in Books > Self-Help > Hypnosis #109 in Books > Parenting & Relationships > Special Needs > Disabilities #155 in Books > Reference > Words, Language & Grammar > Reading Skills

#### **Customer Reviews**

Reading By the Colors and the Irlen Method of using colored lenses to help visual distortions has changed our lives. After visiting a pediatrition, allergy specialist, optometrist,opthomologist, and getting a CAT scan, my niece finally received the Irlen lenses and can now see without having words slide off the page. She also can concentrate on her reading and was able to discontinue her Ritalin for a supposed condition of ADD. Also, I received the Irlen lenses and can now see the words on the page that previously were overtaken by the white background. I can also now see depth perception in scenery and can enjoy the colors of flowers, trees, and clouds...I can really see the silver linings! Night driving is also much easier! This book really helped me understand why I sometimes would see things differently, or why I would not read as fluently as I would like to. It helped me understand why I had to study so much longer than others. Even though I have two college degrees, it was a struggle! This book is a must for teachers! I am an elementary teacher and plan to tell everyone about it!

I CANNOT PRAISE THE IRLEN COLORED (EYEGLASS) FILTER LENSES STRONGLY ENOUGH, AS THEY HAVE HELPED TREMENDOUSLY TRANSFORM MY LIFE !! SADLY, THERE ARE STILL "IMBECILES" OUT THERE WHO THINK THIS TREATMENT IS PLACEBO OR SNAKE OIL. I WISH I HAD A GIANT ANGEL MEDAL AWARD TO GIVE TO HELEN.I'VE RELIGIOUSLY WORN MY MIDNITE BLUE(& BLACK CHERRY FOR OUTDOORS) COLOR GLASSES SINCE 2/90 TO PRESENT.

After 9 years of searching for all the answers to my daughter's learning disorders, I came across the Irlen method. It's not a cure-all for every disorder but it does explain why my daughter can read in near-dark and the Irlen lenses work beautifully for her. I'm very pleased with the results as they relate to visual processing/perceptual disorder and dyslexia. There is a caution, however. We asked our school district to test for Irlen Syndrome; my feeling is that if there's even a 5% chance something will work, I'm willing to try it. The district said they had the appropriate testing measures so I put my faith in them. What I found out (nearly two and a half years later when I found this book) was that the district 'expert' was a screener, not a diagnostician. In order to find out the exact Irlen color, one must see a diagnostician which we were not told at the time. Plus, the color of the overlay is not necessarily the color of the lenses. Irlen lenses are a specific type of lens, not just a colored lens. So, we ended up purchasing the wrong color on the wrong lens. While it's my understanding that no harm was probably done, her progress was probably delayed. You can go to [...] for a list of local diagnosticians and other important information. Be aware that Irlen syndrome is controversial but there is no denying the many, many people who have been helped by Helen Irlen.

Two young children in my family suffer from scotopic syndrome, this book has helped ease the headaches caused by reading. It has actually made them want to read. It made learning to read fun ---- it must be good...

Has this book rasied controversy? Yes. Does the Irlen Method help everyone with reading/writing/learning problems? No. Should you explore this as a piece of the puzzle for you or your child? Yes.Louis Pasture created controversy when he accused unwashed physicians of spreading disease among their patients.Irlen states there is a percentage of individuals who cannot be helped by her method and they can be identified.This book details the experiences of psychologist Helen Irlen as she worked with learners who, although intelligent and motivated, were experiencing reading/learning difficulties which lead to academic underachievement or failure.By listening to her students, (sometimes difficult for those of us working as a helping professional), express their difficulties with reading and writing based activities, Irlen realized that their difficulties did not fall into traditional diagnostic-therapeutic paradigms. This was a new set of conditions calling

for new methods. She called the condition Scotopic Sensitivity Syndrorme. It is now called Irlen Syndrome/Scotopic Sensitivity.Through a "happy accident," Irlen and her students discovered that colored plastic overlays reduced or eliminated the discomfort and distortions the students experienced in reading and writing based activities.This was the beginning of The Irlen Method: the use of color in the form of Irlen Overlays or Irlen Filters worn as tinted glasses or contact lenses.Today there are over 100,000 Irlen Filter wearers world-wide. Many times more use the Irlen Overlays.World-wide medical, educational, and neurological research continues to demonstrate the presence of Irlen Syndrome/Scotopic Sensitivity and the efficacy of the Irlen Method.If you or your child experience learning or work difficulties, exploring the Irlen Method could be of benefit.

This book is well worth every penny and then some. I was able to read about other people who have the same thing I do. I went undiagnosed for 20 years, Praise the Lord for Helen. Her method really works.

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